



	TEEN PARTIAL HOSPITALIZATION				
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:30 AM	Arrival				
8:30 - 9:30 AM	School	Yoga	CBT	Gender & Sexuality OR Enrichment	Self-Awareness
9:30 - 10:30 AM	Rec Therapy	DBT	Healthy Relationships	School	Recovery Maintenance
10:30 - 11:30 AM	CBT	Horticulture Therapy	Music Therapy	Process	Addictive Behaviors OR Enrichment
11:30 - 12:30 PM	Lunch				
12:30 - 1:30 PM	Process	Coping Skills	Drama Therapy	DBT	Mindfulness Group
1:30 - 2:30 PM	Healthy Relationships	School	School	Art Therapy	School
2:30 - 3:00 PM	Departure				



Time	Monday	Wednesday	Thursday
4:00 -5:00pm	Rec Therapy	Drama Therapy	Horticulture Therapy
5:00 -6:00pm	Process	Process	Process
6:00 -7:00pm	CBT	DBT	Psychoeducational

The Psychoeducational group will focus on topics including healthy relationships, self-awareness, addictive behaviors, recovery maintenance, and coping skills.

**These schedules are subject to change.*